

**OKLAHOMA MEMORIAL STATE CHAMPIONSHIPS  
TULSA MASTERS SWIM CLUB  
30th ANNUAL MASTERS SWIM MEET  
August 20th & 21st, 2010**

**Meet Location**

McClure Park Pool 7440 E. 7th Street, Tulsa, OK  
Friday Event 1 Warm-up 5pm Event 1 starts 6 pm. Saturday Warm-up 9 am Remaining  
Events start 10 am

**Meet Director**

Leslie Sauber  
724 S. Sandusky  
Tulsa, OK 74112-4130-24  
Phone (918-808-4384)  
E-Mail leslie.sauber@att.net

**Sanctioned by OMS for USMS Inc. Sanction# 2710-180**

If you are not a registered masters swimmer, you can sign up at the meet for \$40 (good till the end of the year) or pay a one time fee of \$15 for the meet, Payable to OMS. Cost of the meet is \$20 postmarked by Aug 13<sup>th</sup>, \$25 thereafter, payable to TMSA. Please include a copy of your USMS card with your check.

**Conduct of the Meet**

Open to all swimmers 18 and older as of December 31, 2010, who are currently registered with United States Masters Swimming Inc. The meet will be conducted under USMS rules. The no-false-start rule will be in effect. The meet will be held in an 8 lane, 50 meter pool with antiturbulent lane lines and a separate warm-up and cool down area. Please enter as soon as possible, however deck entries will be accepted. All events will be timed finals with touch pads and electronics. The events will be seeded slow to fast, not by age groups.

**SOCIAL:**

The Tulsa Masters will once again be hosting their famous social at the pool following the last event. Shrimp, burgers, beer, pop. Club members will be asked to bring a covered dish.

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Name (exactly as appears on USMS card) \_\_\_\_\_  
 Address \_\_\_\_\_ email for results: \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Sex \_\_\_\_\_ Birthdate \_\_\_\_\_ Age as of December 31, 2010 \_\_\_\_\_  
 USMS # \_\_\_\_\_ Club \_\_\_\_\_ Phones (\_\_\_\_\_) \_\_\_\_\_  
 (\_\_\_\_\_) \_\_\_\_\_

**Friday August 20 Warm-up 5 pm Meet starts 6 pm**  
**Event 1** 800 or 1500 freestyle Entry Time \_\_\_\_\_

**Saturday August 21 Warm-up 9 am Meet starts 10 am**

<u>Event</u>	<u>Entry Time</u>	<u>Event</u>	<u>Entry Time</u>
2 200 Free	_____	10 200 Medley Relay	_____
3 400 IM	_____	11 200 Fly	_____
4 200 Back	_____	12 100 Breast	_____
5 50 Breast	_____	13 50 Free	_____
10 Minute Break		10 Minute Break	
6 50 Back	_____	14 50 Fly	_____
7 100 Fly	_____	15 100 Back	_____
8 100 Free	_____	16 200 IM	_____
9 200 Breast	_____	17 400 Free	_____
		18 200 Free Relay	_____

**GENERAL RELEASE AND CERTIFICATION OF FITNESS**

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Entry fee \$20 postmarked by Aug 13<sup>th</sup> payable to TMSC. Deck entries (\$25) accepted until 30 minutes prior to start of meet. Maximum of 5 events. No charge for social following the meet. Mail entry to:

Leslie Sauber, Meet Director Ph: 918-808-4384  
 724 S. Sandusky Ave.  
 Tulsa, OK 74112-4130-24

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